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The Paulding Pulse

MCCLURE WINS SCHOLASTIC BOOK FAIR...AGAIN!

Once again, Sammy McClure Middle School is making its name known nationwide after placing first in Scholastic's contest for the spring book fair. This is 14 consecutive times (2 per year for 7 years) that the McClure student crew has won either first or second place in the Scholastic competition. The school now boasts 6 first place awards and 8 second place awards.

"I am so proud of this book fair student crew for continuing the winning tradition established by previous student crews at McClure," said Rhonda Boggs, the school's media specialist and book fair sponsor. "This crew worked very hard to deliver a fair that was relevant, creative and appealing to our students."



For this year's contest, the library at McClure Middle School was transformed into Olympus. From the marble doors and Greek columns, to hand-painted, horse-drawn chariots and ivy-covered columns inside, the library exuded Greek Mythology. But the theme didn't stop there. Classroom doors throughout the school were decorated in Greek-themed décor and students dressed for Toga Day, Greek God/Goddess Day, and Mythical Creature Day.

Part of the contest includes the promotion campaign for the Book Fair.

"Promoting reading at middle school is especially important because middle school students have many demands on their time and participate in other activities besides reading," Boggs said. "However, the proven benefits of reading are numerous. Research shows teens who read are more successful in school, have larger vocabularies, perform better on standardized tests, and are knowledgeable about a variety of topics."

The student crew tied in multiple incentives and activities for students to engage with the book fair, from phone blasts, daily announcements, even social media. They even got North Paulding alumnus Chris Conley to attend the book fair, which boosted sales tremendously. Sammy McClure Middle raised more than \$2,000 at the book fair, after which Mrs. Hayes, the principal, dressed like a Greek Goddess for the day.



As a reward for their first place finish, the school will receive a visit from best-selling author Trent Reedy. Mr. Reedy is an American soldier who provided security for the reconstruction of Afghanistan. He draws on his personal experiences for two of his novels, *Words in the Dust* and *Divided We Fall*, both written for ages 14 and up.

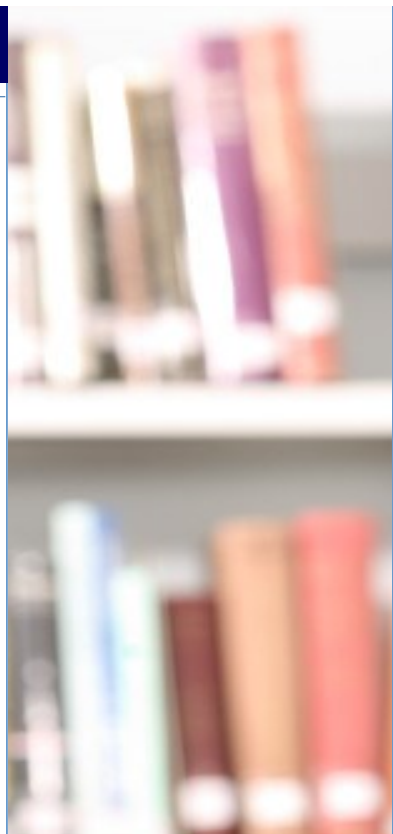
STAY CONNECTED WITH PAULDING COUNTY SCHOOL DISTRICT

 Paulding County School District

 @pauldingboe

 Positively Paulding blog (www.paulding.k12.ga.us)

The mission of the Paulding County School District is to prepare
ALL students for success today and tomorrow.



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UPCOMING DATES:

NOVEMBER 3: STUDENT HOLIDAY/PROFESSIONAL LEARNING DAY

NOVEMBER 11: VETERANS DAY

NOVEMBER 13: PROGRESS REPORTS ISSUED

NOVEMBER 23-27: THANKSGIVING BREAK



FROM THE SUPERINTENDENT'S DESK...

Happy November! I know many of you are already looking ahead to Thanksgiving Break! Now is a great time to express our gratitude to everyone involved in making it possible for our students to learn everyday. Our teachers have dedicated a lot of time and energy over the past three months to engage your children and get them interested in the curriculum they are learning this year. We have an amazing support staff: our bus drivers, paraprofessionals and community volunteers who provide extra hands and attention that many of our students need. And then, of course, we are thankful for each of our students and parents who are involved in their schools each and every day.

At the beginning of the year, we kicked off internally with the theme "Race with a Mission." We have used that race theme to make sure our teachers and staff maintain the momentum they need to get through the school year. As we come up on the holiday season, it's a good message to share with parents and students as well. I know it is easy to look ahead on the calendar and put off any resolution or fresh beginnings until after the new year. But now is not the time to take a step back. If you can power through this mid-year slump, you can emerge stronger and more motivated on the other side.

I want to wish each of you a safe, relaxing and happy Thanksgiving holiday.

Cliff Cole
Superintendent

Buzz from the Board

November is...

Georgia Pecan Month

Native American Heritage Month

We observe...

November 6: Election Day

November 8: Young Reader's Day

November 10: United States Marine Corps Birthday

November 11: Veterans' Day

November 11: Armistice Day

November 20: Int'l Children's Day

November 22: Stop the Violence Day

November 26: Thanksgiving Day

November 28: Red Planet Day

Board Meeting

Dates:

**November 10—
6:15pm
(@SPHS)**

**November 17 —
8:30am**

To see the latest news from the Board of Education meetings, please visit: <http://paulding.schoolwires.net/Page/331> and look for our "News from the Board" e-Newsletters.

Details from our biweekly board meetings will return to the District e-newsletters in January 2016.



Back row (L-R): Tom Cable (Board Attorney), Richard Manous, Joe Watson, Nick Chester, Kim Curl, Brian Ottott (Associate Superintendent); Front row (L-R): Theresa Lyons, Cliff Cole (Superintendent), Kim Cobb, Sammy McClure



Starting a Conversation

- ▶ Talk about what the Golden Rule ("Do unto others as you would have them do unto you") means.
- ▶ One day in the week ahead, talk about what this quote means: "Give a man a fish and you feed him for a day. Teach a man to fish and you feed him for a lifetime."
- ▶ Remind your child that "A good sport is always a winner." Talk about what that statement means.

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ONE CALL NOW

As we head into the winter months, it is essential that you be able to receive communications from your child's school and the school district. That is why it is so important for you to sign up for our alerts through One Call Now. Schools utilize the system to communicate about fundraisers, but the district also uses it to let you know about cancellations, delays and other events that affect you and your child. Please make sure your information is up to date in Infinite Campus and the One Call Now system.



Did you know?

- Being late to school can lead to poor attendance.

What Can You Do?

- Set a regular bedtime and morning routine.
- Lay out clothes and pack bookbags the night before.

HOW SLEEP HABITS, DIET & EXERCISE ARE LINKED TO SCHOOL SUCCESS

You're headed out the door and your child has her bookbag, homework, lunch and jacket. She's ready for school, but is she ready to learn?

That depends. Research shows that her diet, sleep habits and exercise routines all impact how well she will learn at school.

That's why it is so important for families to:

- Plan nutritious meals and snacks. Eating well helps kids stay healthy, which means they miss less school. It also provides the energy kids need to do their best.
- Make sure your child gets enough rest. Experts say school-age kids need at least 10 hours of sleep, and some need more. Late bedtimes make it hard to wake up and be on time. Lack of sleep also hurts focus and learning. Aim for a consistent bedtime that allows plenty of time for sleep. Make nighttime routines relaxing, too. Choose activities such as reading and chatting instead of watching TV or using a computer.
- Be active together. It's one thing to say, "It's time to exercise." It's another to say, "Let's play a family game of tag!" Help your child see that exercise is fun, and keep in mind that it builds strength and well-being for school, sports and other activities. In addition to playing games, put exercise on your family schedule. Take walks. Ride bicycles. Play music while cleaning up.

Source: The Parent Institute

Healthy Bites

DIRECTIONS:

1. Cut apple into four quarters, starting at the stem.
2. Remove the core by cutting away to leave a flat surface on the apple quarter. Be careful not to cut too much of the edible portion of the apple away.
3. Drop and slightly spread the peanut butter on apple quarters.
4. Mix together the raisins and dried cranberries then sprinkle on peanut butter.
5. Cut chives into one inch pieces and garnish.

Serves: 1

1 Cup of Fruit per Serving
Fruit and/or Veggie Colors: Purple, Green & Red

Nutrition Information per Serving: calories: 272, total fat: 8.1g, saturated fat: 1.5g, % calories from fat: 25%, % calories from saturated fat: 5%, protein: 5g, carbohydrates: 50g, cholesterol: 0mg, dietary fiber: 6g, sodium: 79mg

Bookworm Apple Bark Preparation Time: 10 minutes

- 1 Granny Smith Apple
- 1 tablespoon peanut butter
- 2½ tablespoons golden or black raisins
- 1½ tablespoons dried sweetened cranberries
- 1 small bunch of fresh chives or fresh parsley (optional plate garnish)

Each serving provides: An excellent source of fiber and a good source of vitamin C.



FREE MICROSOFT OFFICE 2013

The Paulding County School District is very excited to have the opportunity to offer the Microsoft Office 2013 suite to all Paulding County students FREE OF CHARGE!

Through the support of Microsoft, we are able to offer five copies of the Microsoft Office 2013 client for each faculty and staff member (may download on five personal computers) and five copies of the mobile app for MS Office (may install on five personal mobile devices). Each copy can be installed on a variety of devices and platforms.

To get started, go to: <https://products.office.com/en-US/student>

Click on "Find Out More," then "Find Out If You're Eligible." From there, enter your student's student ID (lunch number) + @paulding.k12.ga.us. (ie. 12345@paulding.k12.ga.us).

Passwords are as follows:

Middle and High School students: Use the password your student uses to login to the computer at school.

Elementary students: The password is set to the student ID number (lunch number)

You can find step-by-step directions in the "Find It Fast" section of the District's website.



"Life is either a daring adventure or nothing at all."

- Helen Keller

TRANSITION TUESDAYS

There are many exciting opportunities coming up to learn about the transition from high school to post-secondary life. We explore these in our monthly "Transition Tuesdays" meetings.

November's Topic:
Post-Secondary Options Beyond College
November 17th
Hiram High School Cafeteria
6 to 8 p.m.

Childcare and dinner are provided with an RSVP. If you want to receive meeting reminders and updates via text message, please sign up for the Transition Parent Group. Text @pewittpcsd to 81010. You can opt-out of messages at any time by replying "unsubscribe @pewittpcsd." If you have trouble using 81010, try texting @pewittpcsd to 470-235-4271 instead.

For a complete look at this year's Transition Tuesdays lineup, go to: <http://www.paulding.k12.ga.us/site/Default.aspx?PageID=373>

Paulding County Board of Education
3236 Atlanta Highway
Dallas, Georgia 30132
770-443-8000
www.paulding.k12.ga.us

VISION

The vision of the Paulding County School District is to provide a safe, healthy, supportive environment focused on learning and committed to high academic achievement. Through the shared responsibility of all stakeholders, students will be prepared as life-long learners and as participating, contributing members of our dynamic and diverse community.

